



Existential-Humanistic Therapy

Kirk J. Schneider and Orah T. Krug

Existential-Humanistic Therapy by Kirk Schneider and Orah Krug provides an in-depth survey of contemporary existential-humanistic (E-H) theory, practice, and research. In particular, this uniquely American version of existential therapy, currently experiencing a renaissance, highlights E-H therapy's historical development, theoretical underpinnings, and practical applications alongside the very latest in process and outcome research. The book features the most recent theoretical and practical applications of E-H therapy to a broad diversity of ethnic and diagnostic populations. Among the theorists *Existential-Humanistic Therapy* highlights are Rollo May, Irvin Yalom, James Bugental, Kirk Schneider, and Orah Krug, an emerging female voice within the E-H movement. Each theoretical discussion is richly illustrated by case vignettes, drawn from the authors' practices.

The book also accents an integrative E-H approach. This approach is augmented by numerous case vignettes that articulate, step-by-step, the processes by which mainstream therapeutic approaches can be interwoven within an overarching E-H context. The book also highlights recent transpersonal and spiritual expansions of E-H practice.

Finally, the book features a discussion of the political and economic challenges that beset E-H therapy, and proposes alternatives to address them. To sum, *Existential-Humanistic Therapy* provides a rich, comprehensive, and practical overview of the very latest in E-H theory, practice, and research. It also exemplifies leading therapy researcher Bruce Wampold's suggestion that "an understanding of the principles of existential therapy is needed by all therapists, as it adds a perspective that might...form the basis for all effective treatments" (Wampold cited in *PsycCritiques*, February 6, 2008, p.6). 2010. 176 pages. Paperback.

APA Member/Affiliate: \$24.95

Item # 4317193

List: \$24.95

ISBN 978-1-4338-0462-5

About the Editors

Kirk J. Schneider, PhD, is a licensed psychologist and leading spokesperson for contemporary humanistic psychology. He is current editor of the *Journal of Humanistic Psychology*, vice-president of the Existential-Humanistic Institute, and an adjunct faculty member at Saybrook Graduate School and the California Institute of Integral Studies. He is also a fellow of the American Psychological Association. Dr. Schneider has published over 100 articles and chapters and has authored or edited eight books, *The Paradoxical Self: Toward an Understanding of Our Contradictory Nature*; *Horror and the Holy: Wisdom-teachings of the Monster Tale*; *The Psychology of Existence: An Integrative, Clinical Perspective* (with Rollo May; currently being translated into Chinese); *The Handbook of Humanistic Psychology: Leading Edges in Theory, Research and Practice* (with J. Bugental and F. Pierson); *Rediscovery of Awe: Splendor, Mystery, and the Fluid Center of Life*; *Existential-Integrative Psychotherapy: Guideposts to the Core of Practice* (Chapter 5 currently being translated into Russian); and *Awakening to Awe: Personal stories of Profound Transformation*. Most recently, Dr. Schneider coauthored with Ed Mendelowitz the chapter on Existential Psychotherapy for Corsini and Wedding's *Current Psychotherapies* (8th ed.). Dr. Schneider is the 2004 recipient of the Rollo May award for "outstanding and independent pursuit of new frontiers in humanistic psychology" from Division 32 (Humanistic Psychology) of the American Psychological Association and the 2009 Cultural Innovator Award from the Living Institute of Toronto Canada. In April, 2010, Dr. Schneider is slated to deliver the keynote speech at the first East-West Existential Psychology conference in Nanjing, China. For further information about Dr. Schneider visit his website at www.kirkjschneider.com as well as the Existential-Humanistic Institute website at <http://www.ehinstitute.org>.

Orah T. Krug, PhD, is a licensed psychotherapist with a private practice in Oakland CA. She is the clinical training director of the Existential-Humanistic Institute of San Francisco and teaches at Saybrook Graduate School. Dr. Krug received her Ph.D. from Saybrook Graduate School where she was awarded the Rollo May Scholarship for an essay comparing the theoretical approaches of her two mentors, James Bugental and Irvin Yalom. She has produced two videos entitled, *Conversations with Jim* and "Joe" *A Demonstration of the Consultation Process, with James Bugental and Orah Krug*. Her current research focuses on the relationship between the cultivation of intra and interpersonal presence and the contextual factors of therapy associated with therapeutic change. Her article in the *Journal of Humanistic Psychotherapy* entitled, "James Bugental and Irvin Yalom, Two Masters of Existential Therapy Cultivate Presence," begins an exploration of this topic. Dr. Krug may be reached at orahkrug@sbcglobal.net. For more information on Dr. Krug and the Existential-Humanistic Institute, see <http://www.ehinstitute.org>.

Table of Contents

Series Preface
Chapter 1: Introduction
Chapter 2: History
Chapter 3: Theory
Chapter 4: Process
Chapter 5: Evaluation
Chapter 6: Future Developments
Chapter 7: Summary
Appendices
Glossary of Key Terms
Suggested Reading
References

Order Form

To order, call: 800-374-2721 • on the Web: www.apa.org/books • Fax: 202-336-5502 •
 E-Mail: order@apa.org • In DC: 202-336-5510 • TDD/TTY: 202-336-612

Item #	Quantity	Title	Unit Price	Total Price
# 4317193		Existential-Humanistic Therapy		

Subtotal

Ensure Immediate

Shipping! Reference the following Priority Code with all orders: FLYEPPF

For MD residents, add 6% sales tax
 For DC residents, add 5.75% sales tax
 Check for RUSH Shipment, add \$10 (guarantees shipment within 1-2 days of receipt)

Shipping & Handling	U.S. residents	non-U.S. residents
Up to \$14.99	\$5.00	\$15.00
\$15.00-\$59.99	\$6.00	\$16.00
\$60.00+	10% of subtotal	\$20.00

Total amount due (all orders must be prepaid)

Payment method (check one)

Check or Money Order
 Made payable to **American Psychological Association**
 (Must be payable through a U.S. bank and be in U.S. currency)
 Visa ~ MasterCard ~ American Express

SHIPPING INFORMATION

Account Number _____ Expiration Date _____

Name _____

Address _____ City _____ State _____ Zip _____

Signature (Required for all charges and purchase orders) _____

Phone _____ E-Mail _____

All book orders and requests should be sent to:
 American Psychological Association
 Book Order Department
 P.O. Box 92984
 Washington, DC 20090-2984
 800-374-2721

Orders from Europe, Africa, or the Middle East should be sent to:
 Eurospan Group
 C/o Pegasus Drive
 Stratton Business Park
 Biggleswade
 Bedfordshire SG18 8TQ
 Tel: + 44 (0)1767 604972 Fax: + 44 (0)1767 601640