



## EHI:7 Annual Conference Speakers & Sessions Updated



2-Day Conference  
San Francisco, California  
November 15/16 2013

### Join Us at EHI:7

With opening keynote speaker, Dr. E. Mark Stern and sessions to include EHI speakers Kirk Schneider, Orah Krug, Bob Edelstein, Sonja Saltman, Candice Hershman, Tom Greening and Lisa Vallejos we are looking forward to sharing these two days of presentations and experiential discoveries with you.

**REGISTER TODAY!**

### EHI:7 IN SAN FRANCISCO



#### Join us in SF for Two Days of Speakers & Sessions

Learn the basic assumptions underlying *existential humanistic (E-H) psychotherapy*, therapeutic interventions as illuminated through "live" work with active

### An EHI:7 Presenters & Sessions Line-up Update

In our last missive to you, "Full Speakers and Sessions Line-up," we inadvertently omitted two great workshops. We would like to apologize to the presenters and add these following sessions to the EHI Conference workshop line-up:

**Heatherlyn Hoffman, PsyD, Louis Hoffman, PhD and Theopia Jackson, PhD: "Cultural Competency & Existential Psychotherapy"**

**Elva Hoxie, PhD, RN, MPH: "The Impact of Traumatic Brain Injury (TBI) on the Survivor's Spouse/Partner From an Existential-Humanistic Perspective".(read the abstract)**

We apologize for the omission and we hope you will consider both of these workshops as you are making your EHI conference schedule!

[Download a printable list of the EHI7 Presenters and Workshop Outlines here!](#)

## E-H Institute Announces Complete Speakers & Sessions Line-up for EHI:7 2013

Opening Keynote with E. Mark Sterns, PhD  
"Grow Old Along With Me: A Psychotherapist  
Looks at His Own Aging "



cases, demonstrations, and engaging presentations. Also explore how to effectively work in the “here and now” with yourself, your client, and in the relation between the two. Stretch the principles of E-H beyond psychotherapy into other realms of human experience and psychological work.

**EHI:7** will be held in San Francisco, at AgeSong Elder Care in centrally-located Hayes Valley neighborhood.

**SESSION OUTLINES ARE AVAILABLE ON OUR BLOG**

**PRINT THE EHI7 BROCHURE!**

Here is the **PDF of the EHI:7 Conference Brochure** for you to share, print, and post and use the handy included registration form to sign up today!

**EARN CEU's!**

Earn Continuing Education Units (CEU)  
CEU's are available to RN and BBS (MFTs/LCSWs).

**EASY REGISTRATION!**



**2Days of Speakers  
& Break-out Sessions**

**EHI:7 Conference  
AgeSong  
624 Laguna Street  
SF, CA 94102**

Ken Bradford, PhD  
**"Rude Awakening: Trauma as a Portal to Authentic Presence "**

Bob Edelstein, LMFT, MFT  
**"Six Existential-Humanistic Philosophical Frames: Empowering the Therapist"**

Patrick Faggianelli PhD  
**"Aikido and Psychotherapy"**

Lisa Firestone, PhD and Joyce Catlett  
**"Creating a Meaningful Life: Through Facing the Anxiety of Being an Adult "**

Tom Greening, PhD and Lisa Vallejos, M.A.  
**"Existential Shattering"**

Candice Hershman, MA, LMFT, Doctoral Candidate and Sonja Saltman, MA  
**"Befriending Each Other: Befriending Agency & Meaning Through Community"**

Heatherlyn Hoffman, PsyD, Louis Hoffman, PhD and Theopia Jackson, PhD  
**"Cultural Competency & Existential Psychotherapy"**

Elva Hoxie, PhD, RN, MPH  
**"The Impact of Traumatic Brain Injury (TBI) on the Survivor's Spouse/Partner From an Existential-Humanistic Perspective"**

John Ingle, MA  
**"The Existential Body of the Humanistic Mind, Somatic Trauma Therapy Insights From Near Death to Gentle Everyday Ecstatic Living "**

Janet Jacobson  
**"How Dancers Think and Feel"**

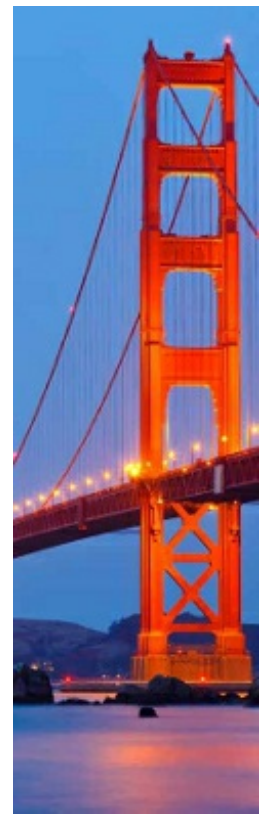
Orah Krug, PhD  
**"Contact and Context—The Paradox of Relational Presence"**

Ali Miller, MFT  
**"Befriending Ourselves through Self-Empathy: Nonviolent Communication as a Tool for Self-Compassion"**

Koke Saavedra, Psy.D. and Galia Schechter, Psy.D.  
**"The Freedom to Choose in the Presence of our Fears and Anxieties: Mindful Acceptance or Mindful Inquiry?"**

Kirk Schneider, PhD  
**"The Polarized Mind—Its Nature, Basis, and Therapeutic Implications"**

Ilene Serlin, PhD, BC-DMT, Sarah Kass, PhD, Candice Hershman, MFT and Eleanor Criswell, PhD  
**"The Art of Embodiment"**



## **Download the Registration Form**

The Registration Fee will cover keynote and breakout sessions, coffee breaks and a special evening reception.

### **CONFERENCE LINKS**



### **EHI:7 Conference Info**

### **EHI:7 Conference Registration Form**

### **EHI:7 Brochure and Mail- In Registration Form**

### **EHI:7 Online Registration Payment Option**

### **QUESTIONS?**

Please contact Dr. Mary Madrigal

**[2013conf@ehinstitute.org](mailto:2013conf@ehinstitute.org)**

### **About EHI**

EHI was formed as a non-profit organization under the auspices of the Pacific Institute in 1997. The Institute's primary focus is training. EHI offers courses in existential-humanistic therapy and theory.

**[View more about EHI](#)**

Jeff Sharp, PhD

**"Addressing a Looming Abyss: Uncertainty, Terror and Unexpected Rewards"**

Michael G. Thompson, PhD

**"Existential Freud: Converting Neurotic Misery Into Common Unhappiness"**

**[Read Session Abstracts & Outlines here on the EHI blog!](#)**

## **EHI:7 Intro Letter from Nader Shabahangi, President**

### **"Befriending Anxiety and Worry: Finding Strength and Meaning in Everyday Living"**

This year marks the 7th annual EHI conference with a rich potpourri of presentations and experiential discoveries.

Through a quick perusal of the topics and abstracts, any initiate and non-initiate will quickly glean the core precepts of the existential-humanistic approach: an emphasis on experiential learning, being present, therapists' personal understanding of themselves, the importance of meaning and meaning-making, the body, community, the centrality of the relationship between therapist and client, and the focus on helping clients' unfolding of their personal processes.

Besides these core precepts, a hallmark of the existential-humanistic approach is its openness to other approaches, such as the many expressive arts, the research in mindfulness and neuroscience, and the discoveries from other theoretical orientations including those of psychoanalysis, somatics and cognitive behaviorism.

Research shows again and again the central significance of therapists' personal understanding of themselves and, connected to that understanding, their ability to relate to their clients' world. Yet, it continues to amaze those of us of the existential persuasion that the academic and practical training of student and seasoned therapists have yet to catch-up to embracing an existential-humanistic attitude in their

## Certificate Programs

## EHI BLOG



Existential - Humanistic  
INSTITUTE

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therapeutic work. Granted, we existential-humanists are not an easy group of people to classify and categorize. Nor are our manifold theories easily grasped, let alone comprehended.

[Download and read the full intro from Nader](#)

## We Look Forward to Seeing You at EHI:7!

Join us for the EHI7 conference with opening keynote by Dr. E. Mark Stern and two-days packed with experiential sessions, workshops and presentations held in the center of San Francisco.

[REGISTER TODAY!](#)

## News From the EHI Community

### Congratulations to EHI's Lisa Vallejos!

[Lisa Vallejos, M.A., LPC, NCC](#), EHI Program/Marketing Administrator, has been selected to be the 2013-2014 Student Representative for the APA Division 32, Society for Humanistic Psychology.

### Existential-Humanistic NorthWest Workshop - Oct 26, 2013

EHNW is proud to offer a day of workshops with Donald Mihalow and Bob Edelstein entitled "The Search for Authenticity: The Practice of Existential-Humanistic Approaches" on October 26, 2013 at George Fox University in Tigard, OR.

#### **Donald M. Mihalow, Ed.D., LMFT, CFLE**

"Reaching Out On the Inside: Processing Courage, Choice and Change While Confronting Our Shadow-Selves"

#### **Bob Edelstein, LMFT, MFT**

"Authentic Engagement: A Radical Way of Being"

[Find out more about this workshop here on EHNW's website.](#)

**Kirk Schneider, PhD Will be in Seattle - Nov 6/7, 2013**

Kirk Schneider will be speaking on "The Polarized Mind" on Nov. 6th and 7th for the Ernest Becker Foundation and Seattle University.

***"The Polarized Mind: Humanity's Plague and What We Can Do About It"***

**Wed, Nov 6th, 7pm**

**Location:** Seattle U. Student Center Rm. 160

**Co-Sponsors:** The Ernest Becker Foundation and Seattle U. Psychology Dept.

**Cost:** This event is free and open to the public. Donation basket available.

**General Info:** 206-232-2994      **Website:** [www.ernestbecker.org](http://www.ernestbecker.org)

***"The Polarized Mind: Why It's Killing Us and What We Can Do About It"***

**Thurs, Nov 7th, 7pm (meal at 6pm)**

**Location:** Seattle U. Casey Building Commons (5th floor)    Sponsors: Seattle U. Psychology Dept.

**Cost:** \$20 w/ meal, \$10 w/o meal

**Contact:** Rebecca Severson **email:** [severson@seattleu.edu](mailto:severson@seattleu.edu)    **phone:** 206.296.5400

[Read more about the events here on the Ernest Becker Foundation website.](#)



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